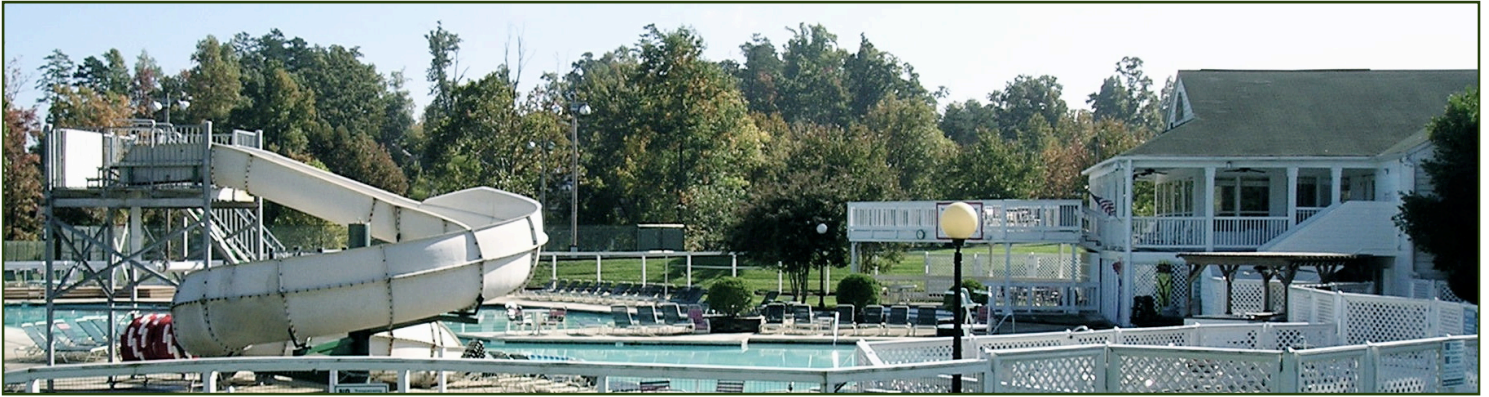


ADAMS FARM SWIM & TENNIS CLUB

N E W S L E T T E R



Dear Club Members

I hope that everyone had a great Holiday and is looking forward to a wonderful New Year. For your convenience, this Newsletter includes dates for January, February and March activities. I hope that by pre-publishing activities, more members will be able to participate. Check out the dates for our Annual Valentine's Day activities, Super Bowl Festivities and St. Patrick's Day parties.

We are offering double rewards point in January and February for all membership referrals. Remember, you can add to your rewards points with club rentals, gift cards and more! Information on the referral program can be found to the right, and also is posted on the website. Points for this year will continue to accrue until March 31st.

A quick reminder: please RSVP for all the activities that you plan to attend. The Club will often require outside staff and extra supplies for many of our winter activities. I am always willing to reschedule an activity if there is enough interest.

As always, check out the website for more information, weekly updates, and pictures of your family and friends having a great time at the Club!

Kirsten MacMonegle
General Manager

Adams Farm's Member Rewards Program is our way of saying "thanks" for your continued support of the Club and our programs.

You can earn points throughout the year which are redeemable each April 1st on an Adams Farm Gift Card. There are 5 great ways

for you to earn Rewards

Points for cash back:

New Members, Loading Adams Farm Gift Cards, Clubhouse and Lower Deck Rentals, Sponsorships and Swim Lessons.

<p>Kid & Adult Activities <i>Make sure to RSVP for all the activities going on this month for Kids and the Adults!</i> Page 2</p>	<p>February & March <i>Make sure to mark your calendar for all the great activities coming up over the next few months!</i> Page 3</p>	<p>Tween Movie Party <i>Sign your tweens up for pizza and a movie at the Clubhouse! We will be watching Star Trek.</i> Page 2</p>	<p>Super Bowl Activities <i>Mark your calendars for the Punt-Pass-Kick and other Super Bowl festivities!</i> Page 3</p>
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A D A M S F A R M S W I M & T E N N I S C L U B



Kids Kitchen

Thursday, January 14th

Thursday, February 11th

Thursday, March 11th

All Ages 4:00pm - 5:30pm

Due to the combining of ages in Kids Kitchen, we will be extending the class by 30 min. Kids, come out to the Clubhouse and learn how to make a yummy after-school snack. You must RSVP no later than the proceeding Wednesday to ensure that we have enough supplies for everyone.

Kids Movie Nights

Friday, January 29th

Chicken Little (G) 6:30pm - 7:45pm

Up (PG) 8:00pm - 9:45pm

Friday, February 26th

Friday, March 26th

Parents; drop your kids off at the Clubhouse for Kids Movie Night. Please walk your kids in and sign them in. The Club provides juice boxes and popcorn. Guests will be charged \$4. Movies Titles and Times for February and March will be announced at the start of each month.

Kids Activities



Kids Craft

Thursday, January 7th

Thursday, February 4th

Thursday, March 4th

All Ages 4:00pm - 5:30pm

Kids; come out to the Clubhouse to make a Craft. You must RSVP by at no late than the proceeding Wednesday for this activity to ensure that we have enough supplies for everyone.

Tween Pizza & Movie Party

Friday, January 22nd 7:30pm - 10:00pm

Kids from 4th - 8th Grade are invited out for pizza and a movie! The Club will provide 2 pieces of pizza per participant. Tweens are welcome to bring non-member guests, **but they must pay a \$4 fee.** You must RSVP by January 20th! Pizza will be served first, and the movie will begin at 8:00pm.

Activities with Ms. Angie are complementary unless otherwise indicated. Activities are for Full & Social Members Only. Summer Members cannot participate or come as a guest of a Year-Round Member.



Euchre Night!



Euchre

Friday, January 15th at 7:30pm

Friday, February 19th at 7:30pm

Friday, March 19th at 7:30pm

Adults are invited out for a great time. Please bring your drinks and any snacks.

We are looking for players interested in participating in a great game with some great members. We play Euchre one Friday a month. It's a great way to unwind with friends after a long work week. Euchre is a simple game to learn and is very similar to the card game Spades. Points are tallied for individual players with winner each week.

A D A M S F A R M S W I M & T E N N I S C L U B



February



Mother and Son

Valentine's Day Breakfast

Saturday, February 13th from 9:00am to 10:30am

Young gentlemen and their mothers are invited to Adams Farm's forth annual Valentine's Day Breakfast. We will be serving breakfast items and have fun contests for small prizes. This is a full service breakfast. Dress is semi-formal for this event. **You must RSVP by Friday, February 5th at 5:00pm!**

Daddy and Daughter

Valentine's Day Dinner & Dance

Saturday, February 13th
Ages 7 & Under: 5:30 - 7:00pm
Ages 8 & Up: 7:30 - 9:00pm

Young ladies are invited to bring their special man out for a night of dinner and dancing. We will be serving dinner from Above & Beyond Catering. Please let us know your entree choice when you RSVP. Dads are asked to dress in business casual and young ladies are to appear in semi-formal. **You must RSVP no later than Friday, February 5th at 5:00pm!**

Cost: \$15 for a Couple; \$7 for each additional participant

Punt - Pass - Kick

Sunday, February 1st at 2:00pm

Kids are invited out for Adams Farm's Annual Punt, Pass and Kick Competition. Kids will be grouped by age and gender. Meet us at the Clubhouse and we will walk up to the soccer field to compete for prizes. Please remember to RSVP for this activity!

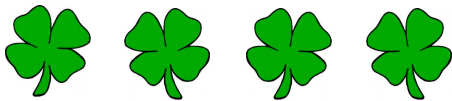


Super Bowl XLIV

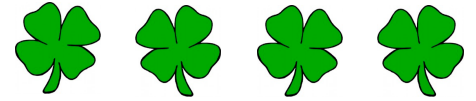
Sunday, February 1st at 6:00pm

It all comes down to this. The Club will be providing snacks and will hold a trivia challenge at half-time. Please note that this is an adult-only function. Please remember to BYOB!

Please note that the days and times for the activities may be subject to change due to club rentals. Keep current through E-mails and the Website!



March



Adult St. Patrick's Day Party

Saturday, March 13th at 8:00pm

Hey all you lads and lasses. You're invited out for a wee bit o' shenanigans in honor of St.Patty's Day. The Club will be serving up snacks, but please remember to BYO Guinness and Green Beer!

Tween St. Patrick's Day Party

Friday, March 12th 7:30pm - 10:00pm

Tweens are invited up to a St.Patrick's Day Party at the Clubhouse. Come dressed in your best green shirt. We will have drinks, snacks, and games with small prizes for our participants.



*Annual Breakfast
with Santa*



Tennis Programing

Remember to register your next court space using our online program.
Check it out at www.adamsfarmclub.net/tennis and start using it today!

Make sure your tennis game is ready for the spring season.

Mariana is available to restring your racquet or help you find a new one that best fits your style of play.

Mariana Hollman will be offering Group Clinics for our Junior Players throughout the Fall and the Spring. Please contact Mariana at waves86mh@aol.com to get on her contact list for information on days and times the clinics will be held.

Pee Wees

Ages 6-8 (BEGINNERS)



Smashers

Ages 9-12 (BEGINNERS)

Grand Slam

Ages 9-12 (INTERMEDIATE)

Top Guns Developmental Team

Ages 10-14 (INTERMEDIATE)

Top Guns Competition Team

Ages 12 and UP (ADVANCED)

Clinic Cost

1 hour Private Lessons - \$40

1 hour Semi-Private Lessons - \$45

1 hour Group Clinic - \$15 if 3 or less participants
\$10 if 4 & more participants

1½ hour Group Clinics - \$15



Gate City Clinic Schedule

Division III: Mondays at 9:00am

Division IV: Mondays at 9:00am

Adult Evening Clinics

Stroke of the Day

Ladies Cardio Clinics

Men's Cardio Clinics

Adult Saturday Clinic Schedule

Ladies Beginner Clinics

Ladies Hitting Drills*

*No Beginners Please

Men's Hitting Drills



Men's Night

Mondays & Thursdays at 7:30pm

Come out the Club for some informal doubles match play with your friends.

ADAMS FARM SWIM & TENNIS CLUB

Golden Gatherings



Senior Potluck Dinner

Sunday, January 24th at 6:00pm

Sunday, February 21st at 6:00pm

Sunday, March 21st at 6:00pm

Come down and join your friends for an evening of food and socializing. Please bring a covered dish item to share, and the Club will provide the drinks. Stick around after dinner for some coffee and a game of cards.



Brunch and Bunco

Tuesdays, 10:00am - Noon

Come down to the Clubhouse for a fun, easy dice game! Enjoy breakfast snacks and coffee.

Senior Cards

Fridays, Noon - 3:00pm

Empty nesters are invited to the Clubhouse for an afternoon of cards and fun. Please bring a small snack.



1903 Adams Farm Parkway Greensboro NC 27407

General Manager

Kirsten MacMonegle

336-854-4487

Tennis Director

Mariana Hollman

waves86mh@aol.com

Activities

Angie Mangum

Ashley Ebright

www.adamsfarmclub.net

Fitness

Flex n Fit Class

Tuesdays and Thursdays from 8:00 - 9:00am

Warm up with 15 minutes of low impact high energy Cardio. Continue with exercises to improve balance, strength, and the flexibility of all joints. Invest in yourself. Look and feel better!

Yoga

Tuesdays and Thursdays from 9:00 - 9:45am

With 5,000 years of written history to recommend it, we know Yoga works. Besides increasing flexibility and strength, yoga focuses on the core muscles to protect and heal the spine. Improve your balance and learn to relax at will.

