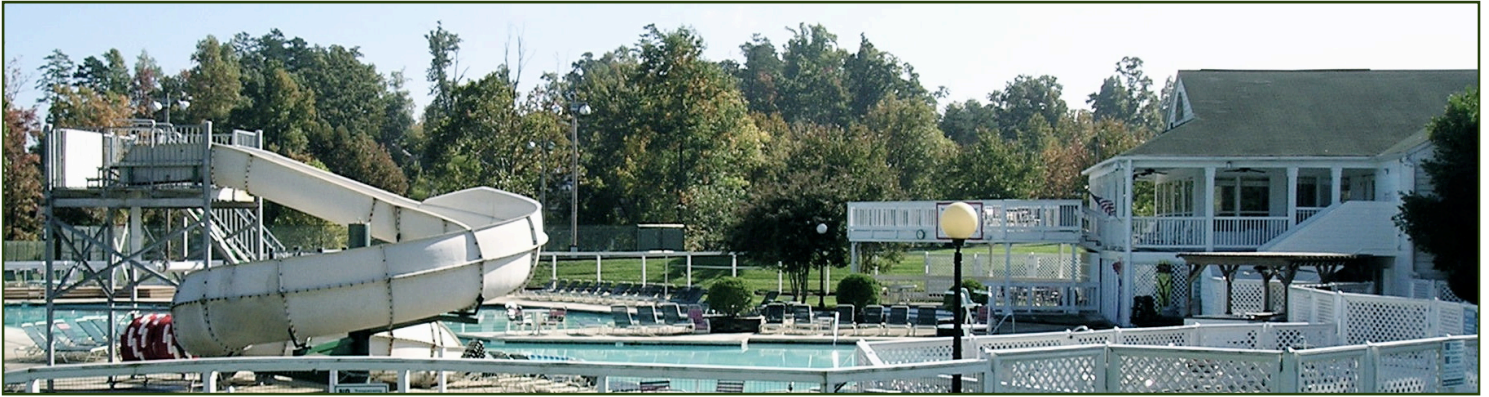


# ADAMS FARM SWIM & TENNIS CLUB

# NEW SLEETTER



## Dear Club Members

There are some big activities coming up this month. Our annual Daddy & Daughter Valentine's Day Dinner & Dance is scheduled for Saturday, February 13th. There are two time slots; 5:30pm to 7:00pm for girls ages 7 & Under and 7:30pm to 9:00pm for girls ages 8 & Up. Please chose one of the time slots if you have daughters in both age groups. It is also important that you RSVP with payment before February 5th to be guaranteed a seat. This is one of our most anticipated event of the year, and spots are limited!

We are offering double rewards points this month for all membership referrals. Remember, you can add to your rewards points with club rentals, gift cards and more! Information on the referral program can be found on the website. Points for this year will continue to accrue until March 31st.

As always, check out the website for more information, weekly updates, and pictures of your family and friends having a great time at the Club!

Kirsten MacMonegle  
General Manager



## They're Back!

### All Footlongs for \$5\*

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*Stop by the Subway restaurant in Adams Farm Shopping Center and enjoy a footlong sub for just \$5.00\**

### February 4th - March 28th

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**Adams Farm Shopping Center  
5710-F High Point Road  
Greensboro NC 27407  
(336) 856-9104**

\*Excludes the Big Philly Cheesesteak and The Feast

<p><b>Kid &amp; Adult Activities</b> <i>Make sure to RSVP for all the activities going on this month for Kids and the Adults!</i> <b>Page 2</b></p>	<p><b>February &amp; March</b> <i>Make sure to mark your calendar for all the great activities coming up over the next few months!</i> <b>Page 3</b></p>	<p><b>Gate City Tennis</b> <i>Ladies: Gate City Spring League is just around the corner!</i> <i>Contact Mariana for more info!</i> <b>Page 5</b></p>	<p><b>Valentines Day Activities</b> <i>Make sure to RSVP for our annual Valentines Day Breakfast and Dinner before February 5th!</i> <b>Page 3</b></p>
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# A D A M S F A R M S W I M & T E N N I S C L U B



## Kids Activities



### Kids Kitchen

Thursday, February 11th

Thursday, March 11th

All Ages 4:00pm - 5:00pm

Kids, come out to the Clubhouse and learn how to make a yummy after-school snack. You must RSVP no later than the proceeding Wednesday to ensure that we have enough supplies for everyone.

### Kids Craft

Thursday, February 4th

Thursday, March 4th

All Ages 4:00pm - 5:00pm

Kids; come out to the Clubhouse to make a Craft. You must RSVP by at no late than the proceeding Wednesday for this activity to ensure that we have enough supplies for everyone.

### Punt - Pass - Kick

Sunday, February 7th at 2:00pm



Kids are invited out for Adams Farm's Annual Punt, Pass and Kick Competition. Kids will be grouped by age and gender. Meet us at the Clubhouse and we will walk up to the soccer field to compete for prizes. Please remember to RSVP for this activity!

*Activities are complementary unless otherwise indicated. Activities are for Full & Social Members Only. Summer Members cannot participate or come as a guest of a Year-Round Member.*

### Kids Movie Nights

Friday, February 26th

[Hanna Montana - The Movie](#)

(G) 6:30pm - 8:15pm

[Cloudy with a Chance of Meatballs](#)

(PG) 8:30pm - 10:00pm

Friday, March 26th

Parents; drop your kids off at the Clubhouse for Kids Movie Night. Please walk your kids in and sign them in with a number you can be contacted at during the evening. The Club provides juice boxes and popcorn. Guests will be charged \$4.

Movies titles and times for March will be announced next month.



## Adult Activities



### Euchre

Friday, February 19th at 7:30pm

Friday, March 19th at 7:30pm

Adults are invited out for a great time. Please bring your drinks and \$5/couple that will go towards the food fund for the night.

### Super Bowl XLIV

Sunday, February 7th at 6:00pm

The Club will be providing snacks and will hold a trivia challenge at half-time. Please note that this is an adult-only function. Please remember to **BYOB!**

# ADAMS FARM SWIM & TENNIS CLUB



## Valentine's Day



### **Mother and Son Valentine's Day Breakfast**

*Saturday, February 13th from 9:00am to 10:30am*

Young gentlemen and their mothers are invited to Adams Farm's fourth annual Valentine's Day Breakfast. We will be serving breakfast items and play Valentines BINGO for small prizes. This is a full service breakfast. Dress is semi-formal for this event. **You must RSVP by Friday, February 5th at 5:00pm!**

### **Daddy and Daughter Valentine's Day Dinner & Dance**

*Saturday, February 13th*  
*Ages 7 & Under: 5:30 - 7:00pm*  
*Ages 8 & Up: 7:30 - 9:00pm*

Young ladies are invited to bring their special man out for a night of dinner and dancing. We will be serving dinner from Above & Beyond Catering. The dinner menu can be found to the right. Dads are asked to dress in business casual and young ladies are to appear in semi-formal. **You must RSVP, with payment, no later than February 5th at 5:00pm!**

*Cost: \$15 for a Couple; \$7 for each additional participant*



### **Menu Items**

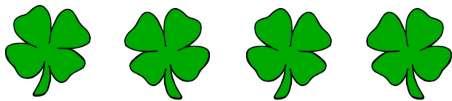
#### **Entree**

Fried Chicken and  
Honey BBQ Glazed Meatloaf

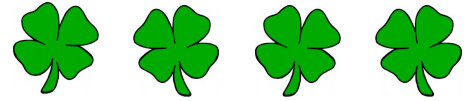
#### **Side Items**

Green Beans and  
Buttermilk Mashed Potatoes

*All dinners come with drink, salad,  
bread roll & dessert*



## March



### **Adult St. Patrick's Day Party**

*Saturday, March 13th at 8:00pm*

Hey all you lads and lasses. You're invited out for a wee bit o' shenanigans in honor of St.Patty's Day. The Club will be serving up snacks, but please remember to BYO Guinness and Green Beer!

### **Tween St. Patrick's Day Party**

*Friday, March 12th 7:30pm - 10:00pm*

Tweens are invited up to a St.Patrick's Day Party at the Clubhouse. Come dressed in your best green shirt. We will have drinks, snacks, and games with small prizes for our participants.

# A D A M S F A R M S W I M & T E N N I S C L U B

Jake Fleming, Project Manager: (336) 362-3462

*Signature*  
**Building Concepts**

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# A D A M S F A R M S W I M & T E N N I S C L U B

## Tennis Programing

Remember to register your next court space using our online program.  
Check it out at [www.adamsfarmclub.net/tennis](http://www.adamsfarmclub.net/tennis) and start using it today!

*Gate City Tennis is just around the corner! The season starts the first week of April and runs through the end of May. The annual luncheon, hosted by Forrest Oaks Country Club, will be held Tuesday, March 23rd at 11:30am. Contact Mariana today if you are interested in participating.*

Mariana Hollman offers Group Clinics for our Junior Players, in addition to privately scheduled lessons. Please contact Mariana at [waves86mh@aol.com](mailto:waves86mh@aol.com) to get on her contact list for information on days and times the clinics will be held.

### **Pee Wees**

Ages 6-8 (BEGINNERS)



### **Smashers**

Ages 9-12 (BEGINNERS)

### **Grand Slam**

Ages 9-12 (INTERMEDIATE)

### **Top Guns Developmental Team**

Ages 10-14 (INTERMEDIATE)

### **Top Guns Competition Team**

Ages 12 and UP (ADVANCED)

### **Clinic Cost**

1 hour Private Lessons - \$40

1 hour Semi-Private Lessons - \$45

1 hour Group Clinic - \$15 if 3 or less participants  
\$10 if 4 & more participants

1½ hour Group Clinics - \$15



### **Gate City Clinic Schedule**

Division III: Mondays at 9:00am

Division IV: Mondays at 9:00am

### **Adult Evening Clinics**

Stroke of the Day

Ladies Cardio Clinics

Men's Cardio Clinics

### **Adult Saturday Clinic Schedule**

Ladies Beginner Clinics

Ladies Hitting Drills\*

\*No Beginners Please

Men's Hitting Drills



### **Men's Night**

Mondays & Thursdays at 7:30pm

Come out the Club for some informal doubles match play with your friends.

# ADAMS FARM SWIM & TENNIS CLUB

## Golden Gatherings



### Senior Potluck Dinner

*Sunday, February 21st at 6:00pm*

*Sunday, March 21st at 6:00pm*

Come down and join your friends for an evening of food and socializing. Please bring a covered dish item to share, and the Club will provide the drinks. Stick around after dinner for some coffee and a game of cards.

### Brunch and Bunco

*Tuesdays, 10:00am - Noon*

Come down to the Clubhouse for a fun, easy dice game! Enjoy breakfast snacks and coffee.



### Senior Cards

*Fridays, Noon - 3:00pm*

Empty nesters are invited to the Clubhouse for an afternoon of cards and fun. Please bring a small snack.



1903 Adams Farm Parkway Greensboro NC 27407

### Owner

*George Frederick*

336-854-4487

### General Manager

*Kirsten MacMonegle*

336-854-4487

### Tennis Director

*Mariana Hollman*

waves86mh@aol.com

[www.adamsfarmclub.net](http://www.adamsfarmclub.net)

## Fitness

### Flex n Fit Class

*Tuesdays and Thursdays from 8:00 - 9:00am*

Warm up with 15 minutes of low impact high energy Cardio. Continue with exercises to improve balance, strength, and the flexibility of all joints. Invest in yourself. Look and feel better!

### Yoga

*Tuesdays and Thursdays from 9:00 - 9:45am*

With 5,000 years of written history to recommend it, we know Yoga works. Besides increasing flexibility and strength, yoga focuses on the core muscles to protect and heal the spine. Improve your balance and learn to relax at will.

