



April 18th - Meet the Coach at Gate City Lanes 3:30 pm - 5:30 pm. Swim team signups as well.

April 20th - Swim Practice at YMCA from 7:30 pm - 8:30 pm

April 24th - Swim Practice at YMCA 10:00 am - 11:00 am

April 24th - Sign-ups for Swim Team at Spring Fest 11 am - 2 pm

April 28th - Swim Practice at YMCA from 7:30 pm - 8:30 pm

May 1st - Swim Practice at YMCA from 10:00 am - 11:00 am

May 4th - Swim Practice at YMCA from 7:30 pm - 8:30 pm

May 8th - Swim Practice at YMCA from 10:00 am - 11:00 am

May 12th - Swim Practice at YMCA from 7:30 pm - 8:30 pm

May 15th - Swim Practice at YMCA from 10:00 am - 11:00 am

May 18th - Swim Practice at YMCA from 7:30 pm - 8:30 pm

May 22nd - Swim Practice (looking at securing a later start time)

May 22nd - O'Charley's Pancake Breakfast - \$5 per person all proceeds go toward team.

May 24th - Practice Starts

4pm - 5pm - 10 and under swimmers

5pm - 6pm - 11 and up swimmers

May 26th - Swim Practice at YMCA from 7:30 pm - 8:30 pm

May 29th - Swim Practice at YMCA from 10:00 am - 11:00 am

June 5th - Mock Meet - Time TBD (early morning)

June 8th - First Meet - YMCA at Adams Farm

June 11th - Begin morning practices - Times TBD

June 12th - Adams Farm Car Wash (morning)

June 15th - Meet - Pinetop at Adams Farm

June 22nd - Meet - Adams Farm at Southeast

June 26th - Swim for Cancer Saturday

June 27th - CSA at the Greensboro Grasshoppers

June 29th - Meet - Henson Forest at Adams Farm (last home meet)

July 5th - Meet - Adams Farm, Elks Lodge at Ridgewood

July 7th - Pasta Dinner Adams Farm Clubhouse 7 pm

July 8-10th - City Meet

July 11th - End of Season Banquet